



GCYGB Fall Recreation League Rules

| Division | Ball Size | Goal Height | Free Throw | Time Outs | Game Length | Court Size |
|----------------------------------|-----------|-------------|------------|------------|-------------|------------|
| 1 st /2 nd | 28.5 | 8.5 ft | 10 ft | 1 per half | 8 min qtrs. | Full |
| 3 rd /4 th | 28.5 | 10 ft | 10 ft | 1 per half | 8 min qtrs. | Full |
| 5 th /6 th | 28.5 | 10 ft | 12 ft | 1 per half | 8 min qtrs. | Full |

Game Length

- There are four 8-minute quarters (4-min half time) and no overtime.

Game Clock

- The clock runs continuously. The clock will stop during foul shots, time outs, and briefly at mid quarter for substitutions.

Scorekeeping

- Normal scorekeeping is kept throughout the game for all divisions. One volunteer from the home team will be required to run the score board.

Substitutions

- Substitutions are allowed at the 4 min. mark per quarter, at the end of each quarter, or when the official stops the clock. Exceptions to substitutions are if a player is injured or fouls out (3rd/4th and 5th and 6th grade divisions only).

Foul Shots

- See chart above on distance. Shooter may cross the free throw line after releasing the ball but cannot actively attempt to rebound the ball until it hits the rim.
- There will be no foul outs for 1st/2nd grade divisions. Instead, fouls will be used as teaching opportunities.

Officiating:

- 1st/2nd grade: We will have a referee whose focus will be on facilitating the game as opposed to simply calling violations. This is a recreational league with a focus on teaching fundamental basketball skills and rules for all the players. The referee will use reasonable judgement so that the game doesn't stop every few seconds but also be consistent and fair to both your team and the opposing team. The referee will use the whistle to stop gameplay and give a brief explanation of the call so that players can be instructed on the court as to what happened. The referee will first instruct but after that is explained possession of the

ball could be lost if the player violates the rule again so that she can better understand game play rules.

- 3rd/4th & 5th/6th: Officials will be assigned for each game. The official's decision is final.

Time Outs

- See chart above for number of time outs per half. Coaches have two 1-minute time outs per game.

Lane Violation

- 1st/2nd grade: no lane violation will be called
- 3rd/4th and 5th/6th grade: offensive players are permitted to remain in the lane for 5 seconds instead of the usual 3 second rule.

Required Players

- A minimum of 4 players per team must be present to start the game. If both teams have at least 4 players present at game start time, the game must start. A team with 5 or more players present is not required to play with less than 5 players; however, in the heart of sportsmanship, a coach may choose to play only 4 players if the opposing team does not have a 5th player. When a team's 5th player arrives during the game, the player may enter the game at any whistle. If 5 minutes after game start time, a team does not have at least 4 players present the referee may declare a forfeit or look to the opposing team for a sub player in order to get plenty of practice and game time for both teams.

Defense:

- Man to Man defense only. No zone defense will be allowed. It is up to the sole discretion of the official to determine if any of the players are playing a zone or double teaming. No double teaming allowed, except within 15' of the goal and in a helping role on an offensive player with the ball. If two offensive players are within 6' of each other and a double team occurs, the defense will not be called for double teaming. The first two violations of each half will be warnings. Penalty for the 3rd violation and subsequent violations of each half will result in a lost possession of the ball.

Stealing:

- 1st/2nd grade: players may not steal the ball or take the ball from the offensive player's hands. Players may steal the ball off a pass anywhere on the floor. If a player steals the ball, the game will be stopped, and the ball will be given back to the offensive team. If an offensive player loses control of the ball, it is a free ball and can be taken by the defense.
- 3rd/4th & 5th/6th grade: Players may steal the ball off either the pass or the dribble

Coaches on the Court:

- No coaches, parents, fans, or spectators will be allowed on the court during games. Coaches are not allowed on the court at any time and must remain in their designated benches area.

Ball Handling:

- The player has 10 seconds to get the ball over the half court lane. 3rd/4th & 5th/6th grade players have 5 seconds to hold the ball then need to pass or shoot the ball.

Pressing:

- 1st/2nd grade players: No pressing allowed at any time.
- 3rd/4th & 5th/6th grade players: pressing will only be allowed for last 2 minutes of 4th quarter. There is to be no pressing by a team that has a 10-point lead or more.

IHSAA Rules

- The league will follow all IHSAA rules except for those previously listed. Any questions regarding rules during the season should be presented to the league director for clarification.

Game Day Responsibilities

- Unsportsmanlike actions are not tolerated. Players, coaches, and spectators should always maintain a positive attitude.
- There will be a 15-minute warm up and the game will begin on the buzzer. Starting 5 players should be ready and lined up at halfcourt.
- At the conclusion of your game, players will line up and shake/high five all opposing players and coaches